

A Quiet Day drawing on the writings of Evelyn Underhill, an early 20th century mystic and theologian

Exploring Spirituality

As a spiritual leader and mystic in the early twentieth century, Evelyn wrote over 40 books to help people build a spiritual relationship with God. Prayer and spiritual reflection were the cornerstone of her work. Believing that prayer was the opening up of the human heart to God, nourishing each individual's true being and allowing one to more dwell in that Being in whom one lives and moves.



**MIRFIELD
CENTRE**

This day will use the prayers and guidance of Evelyn Underhill providing the space for reflecting on and engaging prayer life and engaging in prayer.

Friday 14th June 2019

The Revd Prof Jessica Malay

10.00am-3.30pm

£22.00 (including lunch & refreshments)

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