

To reserve a place on:  
Exploring Spirituality

Please return your completed booking form  
(overleaf) to ensure your place to:

Beth Harper  
The Mirfield Centre  
Stocks Bank Road  
Mirfield  
WF14 0BW  
Tel: 01924 481920  
email: [centre@mirfield.org.uk](mailto:centre@mirfield.org.uk)

Bookings must be accompanied by payment.  
Please make cheques payable to The Mirfield  
Centre. You may also pay over the phone  
using a credit or debit card. Please book by  
Thursday 6th June 2019

Please feel free to photocopy this form as  
many times as you wish and distribute it to  
friends and colleagues. We look forward to  
welcoming you to The Mirfield Centre.

Please note: If you would like a paper receipt  
for your booking, please enclose a stamped  
addressed envelope. If you provide an email  
address we will confirm your booking on  
receipt. We will contact you approximately  
one week before the event, when you will  
receive a reminder of the date and time, as  
well as any other relevant information.

## Speaker Details:



Jessica Malay is a Professor of English Literature at the University of Huddersfield, who has published widely on women's writing. After training at St Hild's College, Mirfield she was ordained deacon in 2018. It was during this training that she first encountered Evelyn Underhill, whom she wrote about during her MA work. She is presently completing a journal article on Evelyn Underhill and her contribution to the Social Christian movement.

She is originally from the Pacific Northwest, near Seattle and studied English literature at St Martin's University, in Olympia Washington, later doing two master's degrees and a PhD in the UK where she has been a long time resident. She has long studied the wit and wisdom of women, and has found the work of Evelyn Underhill to inspire her both as a writer and as a Christian.

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## Exploring Spirituality



A Quiet Day drawing on the writings of  
Evelyn Underhill, an early 20<sup>th</sup> century  
mystic and theologian

Friday 14th June 2019

**The Revd Prof  
Jessica Malay**

10.00am-3.30pm  
£22.00, inc. lunch & refreshments)

# About the Day

As a spiritual leader and mystic in the early twentieth century, Evelyn wrote over 40 books to help people build a spiritual relationship with God. Prayer and spiritual reflection were the cornerstone of her work. Evelyn believed that prayer was the opening up of the human heart to God, nourishing each individual's true being and allowing one to dwell in that Being in whom one lives and moves.

This day will use the prayers and guidance of Evelyn Underhill providing the space for reflecting on and engaging in prayer.



You may wish to purchase Evelyn Underhill's prayer book and bring this with you on the day, though this is not necessary as pertinent readings will be provided on the day.  
*Evelyn Underhill's Prayer Book*, ed. Robyn Wrigley-Carr, 2018

# Programme

- 9.45am Refreshments available
- 10.00am **Evelyn Underhill and the Necessity of Prayer.**  
This session will introduce Evelyn Underhill's beliefs concerning the necessity of prayer followed by quiet time.
- 11.15am **Prayer as Contemplation.**  
Evelyn Underhill's guidance on the way in which contemplation enriches and is a necessary part of prayer life will be discussed, followed by quiet time.
- 12.10pm **Eucharist** (optional)
- 1.00pm **Lunch**
- 1.45pm **Prayer as Communion.**  
Underhill believed that prayer, as movement of spirit towards the Holy Spirit, draws the prayerful person into greater communion with the created and the Divine. Her thought on prayer and communion will be presented, followed by quiet time.
- 3.00pm **The Prayerful life: Reflection and looking forward.**  
This short session will provide a time of reflection and sharing within the group, and ideas for moving forward in prayer inspired by Underhill's writing
- 3.30pm Closing prayers and depart.

Times are approximate and may be subject to change

# Booking Form

Exploring Spirituality Fee £22.00

I wish to book  place(s)

Name:.....  
(Mr/Mrs/Ms/Revd/Dr/other)

Address:.....  
.....

Post Code.....

Telephone:.....

Email:.....

Email confirmation required?

We cater for most dietary requirements, please indicate below if required

.....  
If you have any medical or access requirements need to be made aware of please indicate below:

.....  
I am a Reader/Lay Pastoral Minister in the Diocese of Leeds *(please tick)*

My church denomination is.....

I found out about this event from

.....  
If this will be your first time coming to a Mirfield Centre event, please tick